

## RETIREMENT CAREER PLANNING FRAMEWORK

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Current Stage:     Pre-Retirement     Pause     Working in Retirement     Leisure

MY PERSONAL **PRIORITIES** FOR THE NEXT STAGE:

- 1.
- 2.
- 3.
- 4.
- 5.

MY PASSIONS (WHAT I **LOVE** MOST):

- 1.
- 2.
- 3.
- 4.
- 5.

MY TOP **MOTIVATORS** FOR RETIREMENT WORK (SEE SEPARATE WORKSHEET):

- 1.
- 2.
- 3.
- 4.
- 5.

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### MY KEY **SKILLS** AND **STRENGTHS**:

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

### THINGS I'M **NOT** INTERESTED IN DOING:

- 1.
- 2.
- 3.

### SOME **POSSIBILITIES** TO CONSIDER, INVESTIGATE, OR TRY IN THE NEXT 3-12 MONTHS:

- 1.

Ideas for exploration:

- 2.

Ideas for exploration:

- 3.

Ideas for exploration: